

Mission Promote the mental health and emotional wellbeing of children and young people by developing and implementing a common strategy

Vision 'A comprehensive children and young people's emotional wellbeing and mental health service that supports the development of emotionally healthy children and young people when they need it, where they need it and how they need it.'

Strategic objectives (3 – 5 years)

- Children and young people feel more resilient, have high self-esteem, good friendships, have the skills to communicate how they feel, feel safe to access support and be empowered to help themselves
- Parents and carers feel better able to support their children and young people and feel able to access services
- Professional and public understanding of mental health will improve and, as a result, negative attitudes and behaviours to children and young people with mental health problems will decrease
- Improved partnership working to deliver a comprehensive Children and Young People's Mental Health Service that identifies and addresses needs early, at the appropriate level (Emotional health and wellbeing is everyone's business)

Children & young people have a say & influence how services are designed & delivered

Goals/ Outcomes (12 -18 months)

- Children and young people know how and when to access services
- The wider team around the family know how to access the appropriate service
- Services actively promote themselves and carry out outreach work to engage families and young people
- Parents and carers know how and when to access services and support
- Good emotional wellbeing and mental health is widely promoted through all services for children and young people
- Pathways in place to ensure that children and young people receive the right support close to home – that prevents them needing inpatient care.
- Plan in place to develop the workforce to ensure it consists of the right people with the right skills at the right time in the right place
- Joint commissioning is in place and the potential to pool budgets is explored
- Improved support for children and young people around key periods of transition

Joint pathway development

Tactics

- Anti-stigma campaign led by young people
- Develop connections across the system
- Steering group - includes young people, parents and is multi-agency
- A workforce plan in place to develop the current workforce
- Prioritise needs of at risk groups when commissioning services
- Ensure therapy and support is evidence based (eg NICE, IAPT, learning from TAMHS)
- Promote awareness and understanding of mental health and emotional well-being
- Solihull Healthy schools
- Single point of Access
- Parenting Support and peer support
- Working with the EWB&MH service, schools, early help, GP's and the voluntary sector to commission and deliver a needs led service
- Ensure smooth transition between services at the right time for children and young people
- Ensure robust outcome measures in place.

Impact Measured by the development of a performance dashboard