



## Transforming Care & Care and Treatment Reviews

### Useful links and Resources for Professionals, Patients and Families

In order to promote awareness of Transforming Care and national resources available to support best practice within Care and Treatment Reviews, please note the following useful links:

National Policies and Guidance	Link
<p><b>Care and Treatment Reviews Policy and Guidance (March 2017)</b> This link will take you to the National Policy document which describes what Care and Treatment Reviews (CTRs) are, why we have them, and how they benefit patients. This document also describes Care (Education) and Treatment Reviews (CETRs) which are in place for children and young people.</p>	<p><a href="https://www.england.nhs.uk/wp-content/uploads/2017/03/ctr-policy-v2.pdf">https://www.england.nhs.uk/wp-content/uploads/2017/03/ctr-policy-v2.pdf</a></p>
<p><b>Care and Treatment Reviews Policy and Guidance (easy read)</b> National Care and Treatment Reviews Policy and Guidance in easy read format.</p>	<p><a href="https://www.england.nhs.uk/wp-content/uploads/2017/03/easy-read-care-treatment-review-policy.pdf">https://www.england.nhs.uk/wp-content/uploads/2017/03/easy-read-care-treatment-review-policy.pdf</a></p>
<p><b>Care and Treatment Review - Code and Toolkit</b> This CTR guide and toolkit provides a solid framework for CTRs for adults in order for them to be delivered to a consistently high standard across England. The document also provides Commissioners with the tools they need to carry out CTRs.</p>	<p><a href="https://www.england.nhs.uk/wp-content/uploads/2017/03/ctr-code-toolkit.pdf">https://www.england.nhs.uk/wp-content/uploads/2017/03/ctr-code-toolkit.pdf</a></p>
<p><b>Care, Education and Treatment Review – Code and Toolkit</b> This CETR guide and toolkit provides a solid framework for CETRs for children and young people in order for them to be delivered to a consistently high standard across England. The document also provides Commissioners with the tools they need to carry out CETRs.</p>	<p><a href="https://www.england.nhs.uk/wp-content/uploads/2017/03/children-young-people-cetr-code-toolkit.pdf">https://www.england.nhs.uk/wp-content/uploads/2017/03/children-young-people-cetr-code-toolkit.pdf</a></p>
<p><b>Care and Treatment Review: Key Lines of Enquiry</b> The Key Lines of Enquiry (KLOE) are utilised within Care and Treatment Reviews to ensure that key areas of care and treatment are effectively explored. These KLOEs mirror the approach taken by the Care Quality Commission. In Birmingham we have used these KLOE's to inform the further development of our local CTR/CETR documentation.</p>	<p><a href="https://www.england.nhs.uk/publication/care-and-treatment-review-key-lines-of-enquiry/">https://www.england.nhs.uk/publication/care-and-treatment-review-key-lines-of-enquiry/</a></p>

Data Gathering and Use	Link
<p><b>Collecting information to improve the quality of care for people with learning disabilities and/or autism</b>  A useful booklet for patients and their families that explains how information is gathered nationally through Transforming Care and how this information is used to improve services. This booklet also contains guidance for patients on what to do if they do not wish for their data to be gathered in this manner.</p>	<p><a href="https://www.england.nhs.uk/wp-content/uploads/2015/09/assuring-transformation-data-easy-read.pdf">https://www.england.nhs.uk/wp-content/uploads/2015/09/assuring-transformation-data-easy-read.pdf</a></p>
<p><b>Assuring Transformation data - Guide on fair processing and managing individual objections</b>  Guidance for Commissioners of what to do when a patient raises objections to their Transforming Care data being gathered and used</p>	<p><a href="https://www.england.nhs.uk/wp-content/uploads/2015/09/patient-objection_guidance.pdf">https://www.england.nhs.uk/wp-content/uploads/2015/09/patient-objection_guidance.pdf</a></p>

Useful Booklets	Link
<p><b>My Care and Treatment Review</b>  A useful booklet for patients and their families which explain what CTRs are, what they should cover and how they should be delivered, how often they occur and who attends them.</p>	<p><a href="https://www.england.nhs.uk/publication/my-care-and-treatment-review/">https://www.england.nhs.uk/publication/my-care-and-treatment-review/</a></p>
<p><b>My Care and Treatment Review (easy read)</b>  Booklet as described above in an easy read format.</p>	<p><a href="https://www.england.nhs.uk/publication/my-care-and-treatment-review/">https://www.england.nhs.uk/publication/my-care-and-treatment-review/</a></p>
<p><b>My CTR Planner</b>  Another useful booklet that helps to prepare a patient for their CTR. This booklet also contains a consent form.</p>	<p><a href="https://www.england.nhs.uk/publication/my-care-and-treatment-review-planner/">https://www.england.nhs.uk/publication/my-care-and-treatment-review-planner/</a></p>
<p><b>My CTR Planner (easy read)</b>  Booklet as described above in easy read format.</p>	<p><a href="https://www.england.nhs.uk/publication/my-care-and-treatment-review-planner/">https://www.england.nhs.uk/publication/my-care-and-treatment-review-planner/</a></p>
<p><b>Expert by Experience Booklet</b>  This informative booklet has been developed for CTR experts by experience in line with the revised national policy document.</p>	<p><a href="https://www.england.nhs.uk/publication/expert-by-experience-booklet/">https://www.england.nhs.uk/publication/expert-by-experience-booklet/</a></p>
<p><b>Expert by Experience Booklet (easy read)</b>  Booklet as described above in easy read format.</p>	<p><a href="https://www.england.nhs.uk/publication/expert-by-experience-booklet/">https://www.england.nhs.uk/publication/expert-by-experience-booklet/</a></p>

Video Resources	Link
<b>Why are CTRs a good idea?</b> – A short video produced by NHS England in which people talk about why Care and Treatment Reviews are a good idea and how much difference they can make.	<a href="https://www.youtube.com/watch?v=bsLpitiCTNg">https://www.youtube.com/watch?v=bsLpitiCTNg</a>
<b>Getting the basics right</b> – A short video produced by NHS England which focusses onto getting the basics right within Care and Treatment Reviews	<a href="https://www.youtube.com/watch?v=LKFRHSsFQYw">https://www.youtube.com/watch?v=LKFRHSsFQYw</a>
<b>Martin’s story</b> – A short video produced by NHS England which tells the story of Martin, whose life was transformed through Transforming Care	<a href="https://www.youtube.com/watch?v=VC1kQUkVUzM">https://www.youtube.com/watch?v=VC1kQUkVUzM</a>
<b>CTRs and being person-centred</b> – A short video produced by NHS England which focuses onto Care and Treatment Reviews and being person-centred.	<a href="https://www.youtube.com/watch?v=4MgDvsro9cA">https://www.youtube.com/watch?v=4MgDvsro9cA</a>
<b>How CTRs challenge</b> – A short video produced by NHS England which explains how CTRs challenge	<a href="https://www.youtube.com/watch?v=UCd-FIWAXkw">https://www.youtube.com/watch?v=UCd-FIWAXkw</a>
<b>What’s the difference with CTRs?</b> – A short video produced by NHS England which focuses on what is different about Care and Treatment Reviews, compared with other assessment processes.	<a href="https://www.youtube.com/watch?v=87-PvmyByKU">https://www.youtube.com/watch?v=87-PvmyByKU</a>
<b>Experts by Experience</b> – A short video produced by NHS England which explains the value that the Experts by Experience bring to the Care and Treatment Review process.	<a href="https://www.youtube.com/watch?v=iCNwC8C2Thw">https://www.youtube.com/watch?v=iCNwC8C2Thw</a>
<b>Planning a CTR</b> – A short video produced by NHS England which discusses some useful tips for planning Care and Treatment Reviews.	<a href="https://www.youtube.com/watch?v=ir9ujbcywKs">https://www.youtube.com/watch?v=ir9ujbcywKs</a>

Workbooks				Link												
<p>NHS England has produced a series of workbooks for panel members to record their findings during a Care and Treatment Review (CTR) or Care, Education and Treatment Review (CETR), based on the Key Lines of Enquiry (KLOE). There are 6 workbooks available:</p> <table border="1" data-bbox="94 1093 1588 1214"> <tbody> <tr> <td data-bbox="94 1093 188 1133">1</td> <td data-bbox="188 1093 842 1133">Adult Community CTR</td> <td data-bbox="842 1093 925 1133">4</td> <td data-bbox="925 1093 1588 1133">Child/ Young person Community CETR</td> </tr> <tr> <td data-bbox="94 1133 188 1173">2</td> <td data-bbox="188 1133 842 1173">Adult non-secure hospital CTR</td> <td data-bbox="842 1133 925 1173">5</td> <td data-bbox="925 1133 1588 1173">Child/ Young person non-secure hospital CETR</td> </tr> <tr> <td data-bbox="94 1173 188 1214">3</td> <td data-bbox="188 1173 842 1214">Adult secure hospital CTR</td> <td data-bbox="842 1173 925 1214">6</td> <td data-bbox="925 1173 1588 1214">Child/ Young person secure hospital</td> </tr> </tbody> </table>				1	Adult Community CTR	4	Child/ Young person Community CETR	2	Adult non-secure hospital CTR	5	Child/ Young person non-secure hospital CETR	3	Adult secure hospital CTR	6	Child/ Young person secure hospital	<a href="https://www.england.nhs.uk/publication/care-and-treatment-review-ctr-workbooks/">https://www.england.nhs.uk/publication/care-and-treatment-review-ctr-workbooks/</a>
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<p>These workbooks have been developed to support CTR/CETR panel members in the effective gathering of information within CTR/CETRs.</p>																

STOMP (Stopping the overmedication of people with learning disabilities and autism) Resources	Link
Information on STOMP Programme	<a href="https://www.england.nhs.uk/learning-disabilities/stomp/">https://www.england.nhs.uk/learning-disabilities/stomp/</a>
STOMP guidance for GP Practices	<a href="https://www.england.nhs.uk/wp-content/uploads/2017/07/stomp-gp-prescribing-v17.pdf">https://www.england.nhs.uk/wp-content/uploads/2017/07/stomp-gp-prescribing-v17.pdf</a>
Easy read leaflet about the STOMP programme	<a href="https://www.england.nhs.uk/publication/stomp-stopping-the-over-medication-of-people-with-a-learning-disability-autism-or-both/">https://www.england.nhs.uk/publication/stomp-stopping-the-over-medication-of-people-with-a-learning-disability-autism-or-both/</a>
Guidance on how health care providers can support STOMP by adopting the adopt the STOMP health care pledge	<a href="https://www.england.nhs.uk/learning-disabilities/improving-health/stomp/how-to-support-stomp/">https://www.england.nhs.uk/learning-disabilities/improving-health/stomp/how-to-support-stomp/</a>
Useful leaflet which has been developed to help guide support workers who may be called upon to accompany a person with a learning disability, autism or both to a GP consultation appointment to talk about psychotropic medication	<a href="https://www.vodg.org.uk/publications/preparing-to-visit-a-doctor-to-talk-about-psychotropic-medication/">https://www.vodg.org.uk/publications/preparing-to-visit-a-doctor-to-talk-about-psychotropic-medication/</a>
Getting Jo's medication right - a parent's story and the positive impact of STOMP	<a href="https://www.england.nhs.uk/learningdisabilities/wp-content/uploads/sites/34/2016/11/ld-case-study-jacks-story.pdf">https://www.england.nhs.uk/learningdisabilities/wp-content/uploads/sites/34/2016/11/ld-case-study-jacks-story.pdf</a>
Short video, produced by Derbyshire Healthcare NHS Foundation Trust, which explains about the aims of STOMP and why it is so important to stop over-medicating people with learning disabilities, autism or both	<a href="https://www.youtube.com/watch?v=M0NIggr70G4&amp;list=PL4shZXQ9YqmiFPJX02IWJvhHqdrMf_EkO&amp;index=1">https://www.youtube.com/watch?v=M0NIggr70G4&amp;list=PL4shZXQ9YqmiFPJX02IWJvhHqdrMf_EkO&amp;index=1</a>
Short video, produced by Derbyshire Healthcare NHS Foundation Trust, which provides advice about STOMP for GPs and Primary Care.	<a href="https://www.youtube.com/watch?v=IHmLx4bJlig&amp;index=2&amp;list=PL4shZXQ9YqmiFPJX02IWJvhHqdrMf_EkO">https://www.youtube.com/watch?v=IHmLx4bJlig&amp;index=2&amp;list=PL4shZXQ9YqmiFPJX02IWJvhHqdrMf_EkO</a>
Short video, produced by Derbyshire Healthcare NHS Foundation Trust, which provides advice about STOMP for Psychiatrists and independent prescribers.	<a href="https://www.youtube.com/watch?v=Ki-eFzF_l8&amp;list=PL4shZXQ9YqmiFPJX02IWJvhHqdrMf_EkO&amp;index=3">https://www.youtube.com/watch?v=Ki-eFzF_l8&amp;list=PL4shZXQ9YqmiFPJX02IWJvhHqdrMf_EkO&amp;index=3</a>
Short video, produced by Derbyshire Healthcare NHS Foundation Trust, which provides advice about STOMP for families and carers.	<a href="https://www.youtube.com/watch?v=TjeQ3NJ8y0&amp;index=4&amp;list=PL4shZXQ9YqmiFPJX02IWJvhHqdrMf_EkO">https://www.youtube.com/watch?v=TjeQ3NJ8y0&amp;index=4&amp;list=PL4shZXQ9YqmiFPJX02IWJvhHqdrMf_EkO</a>
Short video, produced by Derbyshire Healthcare NHS Foundation Trust, which provides advice about STOMP for specialist Learning Disability Teams and Autism services	<a href="https://www.youtube.com/watch?v=COVW5No8Qlg&amp;list=PL4shZXQ9YqmiFPJX02IWJvhHqdrMf_EkO&amp;index=5">https://www.youtube.com/watch?v=COVW5No8Qlg&amp;list=PL4shZXQ9YqmiFPJX02IWJvhHqdrMf_EkO&amp;index=5</a>
Short video, produced by Derbyshire Healthcare NHS Foundation Trust, which provides advice about STOMP for pharmacists.	<a href="https://www.youtube.com/watch?v=4MED7OMJwro&amp;index=6&amp;list=PL4shZXQ9YqmiFPJX02IWJvhHqdrMf_EkO">https://www.youtube.com/watch?v=4MED7OMJwro&amp;index=6&amp;list=PL4shZXQ9YqmiFPJX02IWJvhHqdrMf_EkO</a>
The Royal College of Psychiatrists (RPsych) Faculty of Psychiatry of Intellectual Disability has a number of resources promoting STOMP , this includes Faculty Report FR/ID/09 which was published in April 2016 and offers guidance on Psychotropic drug prescribing for people with intellectual disability, mental health problems and/or behaviours that challenge	<a href="https://www.rcpsych.ac.uk/pdf/FR_ID_09_for_website.pdf">https://www.rcpsych.ac.uk/pdf/FR_ID_09_for_website.pdf</a>
Aimed at pre-registration nursing students this Royal College of Nursing guidance booklet highlights the needs of people with learning disabilities, and references STOMP as an important component of care.	<a href="https://www.rcn.org.uk/professional-development/publications/pub-005769">https://www.rcn.org.uk/professional-development/publications/pub-005769</a>
On-line Medication pathway aimed at families of people with learning disabilities, autism or both who are prescribed or may be prescribed psychotropic medication.	<a href="http://medication.challengingbehaviour.org.uk/">http://medication.challengingbehaviour.org.uk/</a>

<b>STOMP (Stopping the overmedication of people with learning disabilities and autism) More Resources</b>	<b>Link</b>
Case Study - Jack's story which talks about how STOMP helps children and young people	<a href="https://www.england.nhs.uk/learningdisabilities/wp-content/uploads/sites/34/2016/11/ld-case-study-jacks-story.pdf">https://www.england.nhs.uk/learningdisabilities/wp-content/uploads/sites/34/2016/11/ld-case-study-jacks-story.pdf</a>
Case Study - Helping Andrew to stop taking the wrong medicines in Hertfordshire (easy read)	<a href="https://www.england.nhs.uk/wp-content/uploads/2017/06/case-study-herts-stomp-easy-read.pdf">https://www.england.nhs.uk/wp-content/uploads/2017/06/case-study-herts-stomp-easy-read.pdf</a>
Good Practice example: Reviewing the antipsychotic medicines taken by people with a learning disability in Bury	<a href="http://buryccg.solutions.co.uk/Library/Newsletters/CCG_Sep_Oct_17/152/CT319%20Bury%20STOMP%20FINAL.pdf">http://buryccg.solutions.co.uk/Library/Newsletters/CCG_Sep_Oct_17/152/CT319%20Bury%20STOMP%20FINAL.pdf</a>
NICE guidance related to STOMP (published Jan 2017)	<a href="https://www.nice.org.uk/Media/Default/About/what-we-do/NICE-advice/Key-therapeutic-topics/KTT-2017-compiled-document.pdf">https://www.nice.org.uk/Media/Default/About/what-we-do/NICE-advice/Key-therapeutic-topics/KTT-2017-compiled-document.pdf</a>