

Dear Colleagues,

Following the series of lectures the BSol Training Hub developed in collaboration with Lilly to help address the training needs of managing diabetes patients virtually we are rolling out a further series of meetings to help support HCPs to manage their diabetes patients during the Covid19 pandemic.

We reviewed a number of topics on offer and BSol Training Hub in collaboration with Lilly have create a number of meeting topics that we hope you will find both relevant and interesting, given our current remote management of diabetes patients.

There are **4** topics within the lecture series:

- 1. Thinking beyond HbA1c: Managing cardiovascular risk in patients with type 2 diabetes**
- 2. Practical use of oral therapies in type 2 diabetes - Evaluating treatment options**
- 3. Managing diabetes through COVID-19 - Sick day rules**
- 4. Virtual Assessment and Optimisation for People with Type 2 Diabetes**

There will be a series of dates for each lecture aiming to provide flexibility and access. The lectures are aimed to be interactive with an opportunity to ask questions about patients relevant to the topic.

Yours sincerely,

Dr Atif Hassan
BSol CCG Clinical Lead in Diabetes Education
BSol CCG Clinical Lead in Diabetes for the South Birmingham Locality

and

Dr Imran Yakub
BSol CCG Clinical Lead in Diabetes for the East Birmingham Locality

Please see next page for webinar dates and booking information

Thinking beyond HbA1c: Managing cardiovascular risk in patients with type 2 diabetes

Training objectives:

- To explore complications associated with type 2 diabetes
- To consider the unmet clinical need related to cardiovascular morbidity and mortality in patients with type 2 diabetes
- To understand how clinical guidance for type 2 diabetes has been updated to reflect the results of positive cardiovascular outcome trials
- To reflect on the goals of treatment and individualised care for patients with type 2 diabetes

Date	Time	Eventbrite link- select date on booking page
Wednesday 4 th November	19.00-20.30	https://www.eventbrite.co.uk/e/125071096015
Wednesday 18 th November	13.00-14.30	
Saturday 21 st November	10.00-11.30	

Practical use of oral therapies in type 2 diabetes - Evaluating treatment options

Training objectives:

- To recall the different considerations when choosing oral treatments for patients with type 2 diabetes
- To explore the need for individualised treatment targets and goals, and the impact that this has on choosing the right treatment, for the right patient, at the right time
- To use case studies to bring theory to life

Date	Time	Eventbrite link- select date on booking page
Wednesday 11 th November	13.00-14.30	https://www.eventbrite.co.uk/e/125070383885
Wednesday 25 th November	13.00-14.30	
Saturday 5 th December	10.00-11.30	

Managing diabetes through COVID-19 - Sick day rules

Training objectives:

- To appreciate the effect that illness has on glucose metabolism.
- To identify those at risk from hyperglycaemia in a timely manner.
- To be aware of the treatment management and considerations for prescribing/deprescribing to prevent risk of acute complications.
- To be aware of the resources available to support people with diabetes.

Date	Time	Eventbrite link
Thursday 12 th November	13.00-14.00	https://www.eventbrite.co.uk/e/125065549425

Virtual Assessment and Optimisation for People with Type 2 Diabetes

Training objectives:

- Exploring how to continue diabetes reviews using virtual tools
- Considering which online platform to use
- Identifying who is most suitable for a virtual review
- Interpreting results to enable decision making
- Individual care planning and optimisation for both routine and acute consultation

Date	Time	Eventbrite link
Wednesday 2 nd December	13.00-14.00	https://www.eventbrite.co.uk/e/125066476197