



# **CORONAVIRUS** **SELF-ISOLATE** **WHEN ALERTED**

If you're told you have been exposed to an infected person you must self-isolate for 14 days.

**PLAY YOUR PART.**  
**PROTECT YOUR FRIENDS AND FAMILY.**

[nhs.uk/coronavirus](https://nhs.uk/coronavirus) or call 119

**STAY ALERT ▶ CONTROL THE VIRUS ▶ SAVE LIVES**